

Template for
INSTITUTIONAL DEVELOPMENT PLAN (IDP 2022-2032)

FOR HIGHER EDUCATIONAL INSTITUTIONS IN GOA

As part of the implementation of National Education Policy-2020

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1. Institutional Basic Information

Institutional Profile:

Name of the Institution	Institute of Psychiatry and Human Behavior, Bambolim, Goa					
Head of the Institution	Dr. Shivanand Bandekar					
Contact Details	Email: dir-iphb.goa@nic.in		Cell No. -		Office : 0832-2458687	
College Website	https://iphb.goa.gov.in/				AISHE Code: C-30855	
Name of the IQAC Coordinator	Dr. Bharati C. Chavan		Email bharatisanskriti@gmail.com		Cell No. 8552989899	
Name of the NEP Coordinator	Dr. Shilpa Waikar		Email Shilpakerkar13@yahoo.co.in		Cell No. 9822267789	
Name of the RDI Coordinator	Dr. Wenona Fernandes		Email wenona13@gmail.com		Cell No. 9823189113	
Name of the TLET Coordinator	Dr. Ashish Srivastava		Email ashish1977@rediffmail.com		Cell No. 9422061698	
NAAC Accreditation Status	1 st Cycle:		Grade:		2 nd Cycle	
	3 rd Cycle		Grade:		4 th Cycle	
NIRF Ranking	2020-21:		2019-20:		2018-19:	
UCG Recognition	2(f)		Yes		No	
	12 B		2(f)		Yes	
NBA accreditation	Yes		No			

Financial Status	Government /Aided: Yes	Self-Finance: No
Under National Education Policy(NEP 2020), would your institute prefer to be:	i. Constituent college of the State University - Yes ii. Autonomous degree granting College. iii. Part of Higher-educational institution (HEIs) cluster. No	

Please note that, there is no space limit. Thus, if required, you may expand any of the following sections

Institutional SWOC Analysis

Strengths:

Institute of Psychiatry and Human Behavior (IPHB) is the tertiary care Government teaching institute in Goa, with current bed capacity of 190 and likely to be increased to 290 on completion of 100 bedded hospital (under construction). IPHB caters to Mental Health needs of State and assists Government in various Mental Health related decision.

*IPHB provides various facilities which include separate OPD for adult, children & Adolescence, inpatient facility, 24*7 casualty. The new 100 bedded complex will add private room facility to the general ward system.*

IPHB produces Mental Health Professionals i.e Psychiatrist, Psychiatric Nurses, Psychiatric Social Worker & Clinical Psychologist.

IPHB conducts various outreach program in community, deals with issuing Disability Certificate and Forensic Psychiatry

The Institute is centre of excellence under Manpower Development Scheme of Central Government and it has started two courses under this scheme i.e.. M. Phil in Psychiatric Social Work & Post Basic Diploma in Psychiatric/Mental Health Nursing. The third course of M. Phil in Clinical Psychology is likely to be commence soon.

This Institute admits 8 students of MD Psychiatry per year. The admission for this course are done through Goa Medical College. For M. Phil in Psychiatric Social Work intake capacity is of 8 students per year and for Post Basic Diploma in Psychiatric/Mental Health Nursing intake capacity is 9 students per year.

Post Graduate students of all streams gets pay/stipend/honorarium as per the prevailing

Government norms.

The students of Goa Medical College i.e MBBS, Bachelor of Occupational Therapy, Masters of Occupational Therapy and students of various nursing institutes affiliated to Goa University also take training at IPHB.

All the students & faculty do research and present paper at various conferences. Alumni of IPHB are placed worldwide and are at responsible position.

Weaknesses:

Lack of special incentives and placement opportunity in Mental Health service, post completion of program sometimes hamper admission process specially nursing and M. Phil Course.

Opportunities:

Being a state of art Institute it has capacity to attract various national & International level projects and programs.

It has capacity to increase intake of MD students and to start super specialty course (DM) in Psychiatry, incorporate Master level course in Psychiatric Nursing, PhD course in Psychiatric Social Work & Clinical Psychology, thereby producing human resources required for Mental Healthcare in the country.

Challenges:

Mental Health requirement being dynamic in nature, rapid adaptation to the various requirements is sometimes challenging.

2. Institutional Development Plan (for at-least next 10 years)

<p>2.1. Vision</p> <ul style="list-style-type: none"> • <i>Implementing Centre of Excellence for quality Mental Health education and services.</i> • <i>To create a innovative and integrated system to provide quality mental health education across specialties and rendering outcome based psychiatric care.</i>
<p>2.2. Mission</p> <ul style="list-style-type: none"> • <i>To create a conducive environment for quality education and creating robust Mental Health Team.</i> • <i>To be a renowned Mental Health Organization in clinical excellence and effective patient care .</i>
<p>2.3. Goals and Objectives</p> <ul style="list-style-type: none"> • <i>To be one of the premier mental health teaching and research institutes for producing professionals in the field of Psychiatry, Psychiatric Nursing and Allied Mental Health Sciences.</i> • <i>To provide holistic Mental Health Care which is outcome focused and evidence based.</i> • <i>To promote research activities in the field of Mental Health across specialties.</i>
<p>2.4. Executive Summary</p> <p><i>The objectives will be achieved by</i></p> <ul style="list-style-type: none"> • <i>Undertaking and increasing post graduate intake and starting certificate courses across specialties.</i> • <i>Psychiatric patient care aimed at short patient stays and client focused care.</i> • <i>Undertaking research activities as requirement at post graduate level as well as inter specialty and independent research activities.</i>
<p>2.5 Developing Motivated and Energized Faculty</p>

Short Term (2 years):-

- *Day Care Centre as a part of Rehabilitation Services.*
- *Telepsychiatry Centre.*
- *Training all Medical Officers in Mental Health care services.*
- *School Mental Health Program & Common awareness program.*
- *Filling up of vacant post of faculty.*
- *Upgrading Hostel/ academic facilities for Post Graduates of various Mental Health Services.*
- *Taking up long term follow up studies.*
- *Starting of Specialize Ward,*
 - I) Mother & Child*
 - II) Private ward*
 - III) Geriatric Ward*
 - IV) Child and Adolescent ward*
 - V) Upgrading Emergency services and starting Psychiatric Intensive Care Unit (PICU).*

Mid Term (5 years):-

- *Increase in PG seats of Psychiatry.*
- *Creation of specialty faculty post.*
- *Starting DM course at IPHB.*
- *Fellowship program in Child Psychiatry, Addiction, Rehabilitation Psychiatry & Geriatric Psychiatry etc.*
- *De-Addiction centre with Specialized separate staffing.*

Long Term (10 year):-

- *Publishing of long term studies.*
- *Developing new reforms*

- *Set up of Neuro-Modulation Lab.*

2.6 Teaching, Learning and Education Technology

- *Implementing of CBME Curriculum for MBBS & MD Psychiatry, Smart Classroom.*
- *Outcome based learning, technologically well equipped classrooms.*
- *Implementation of Outcome Based Education (OBE) or other methods of evaluation as required by the regulatory bodies eg, National Medical Council, Rehabilitation Council of India, Indian Nursing Council, etc.*
- *The requirement of National Medical Council, Rehabilitation Council of India, Indian Nursing Council and other regulatory bodies will be consider for this.*

2.7. Research Development and Innovation

- *Integrated Multidisciplinary teaching.*
- *E Library with all facility i.e e journal,e book.*
- *E Classroom.*
- *Meeting Standard of Index Publications.*
- *ICMR projects.*
- *Training of faculty and students through Research Training program.*
- *Periodic organization of workshop at State/Zonal/International level.*
- *Research projects to improve delivery of Mental Health Services and reduce Mental Health gap.*
- *Research in all the streams at this Institute will be undertaken independently or in combination with other department of Goa Medical College and other Higher Education Institutes.*

2.8 Industry-Academic Partnership

- *It is being considered with various esteemed organization as per regulations by National Medical Council, Rehabilitation Council of India, Indian Nursing Council, Goa University etc.*

- *MD Psychiatry Students undergo training in various specialized departments and at Directorate of Health Services under District Residency Program and also receive training at Goa Medical College as per regulations of NMC.*
- *Invite acclaimed Faculties from Mental Health Institutes of Importance.*
- *Elective for Post Graduates in various specialties.*
- *Students of MD Psychiatry & M. Phil in Psychiatric Social Work are placed in Directorate of Health Service, District hospitals, District Mental Health Program, Department of Neurology, Department of Neurosurgery, Pediatric Neuro Rehab Centre, Preventive and Social Medicine etc for field work placements during their training period.*

2.9. Institution's Placement Plan for Students

- *All the students of the courses get sufficient training & exposure. Government accommodates them for 1 year as Bond Candidate & place them accordingly as per the requirement.*
- *The students of Courses i.e. MD Psychiatry and M. Phil in Clinical Psychology have potential to work as independent consultant or to join any Government/Private organization*

2.10. Achieving the Target for Accreditation

2 yrs Plan

- *To maintain and update documents as well as keeping accurate recording and reporting, developing the infrastructure required and apply for NAAC accreditation.*
- *Upgrading the Institute academic/services to achieve the NMC / other statutory bodies requirements*
- *Acquire desired Books /Journal for library & setting up of e-library.*
- *Procuring required instruments.*

5 years plan-

- *Dept of Psychiatry, Psychiatric Social work, Clinical Psychology, Psychiatric Nursing to be upgraded.*

10 years plan:-

- *Neuromodulation Lab.*

2.11. Incubation and Start-up

2.12. Alumni Engagement/ Activities plan

Short Term:-

- *Formation /constitution of Alumni Association of IPHB.*
- *Plan faculty visit of alumni at regular intervals from National /International forum*

Mid Term:-

- *Plan CMES, Workshop Seminars over weekends.*
- *Regular interaction on online, in person platform for exchange of academic and Clinical Knowledge.*

Long Term:-

- *After creating a pool of alumni to organize the Alumni meet once year for exchange of ideas and innovation.*

2.13. Basic Infrastructure Development plan

Short Term:-

- *Construction of 100 bedded Project of Phase II in IPHB Premises at Bambolim under Centre of Excellence Scheme.*
- *Construction of Day Care Centre Project in IPHB Premises, Bambolim.*
- *Classroom equipped with LCD projector and Laptops (Smart E Classroom).*

<p>Mid Term :-</p> <ul style="list-style-type: none">• <i>Construction of New Hostel Block in IPHB premises at Bambolim</i>• <i>Construction Sewage Treatment Plant in IPHB premises, Bambolim</i>• <i>Construction of new 11 KVA Substation in IPHB premises at Bambolim</i> <p>Long term:-</p> <ul style="list-style-type: none">• <i>Construction of 200 bedded hospital project</i>• <i>Construction of New OPD Block</i>
<p>2.14. Skill Development of Non-teaching Staff</p>
<p>Short Term:-</p> <ul style="list-style-type: none">• <i>Training of all staff including nurses & Patient Care Attendant in various aspects of MHCA, RPwD Act 2016.</i>• <i>Regular training for MTS, Nursing Staff & others in managing of violent or uncooperative patient.</i>• <i>Periodic upgrading of skills & knowledge of non teaching staff.</i>
<p>Mid Term:-</p> <ul style="list-style-type: none">• <i>Training program & workshops after assessing needs and development of staff skills in the required area..</i> <p>Long term:-</p> <ul style="list-style-type: none">• <i>Re evaluation of existing strategies, finding gap and bridging gap in providing services in community and training of students etc.</i>

2.15. Any Other Initiatives for the Student's and Institutional Growth

Short Term:-

- *E- library for access to recent and innovative publications and e books*
- *Day Care Centre as a part of Rehabilitation Services.*
- *Telepsychiatry Centre.*
- *Training all Medical Officers in Mental Health care services.*
- *School Mental Health Program & Common awareness program.*
- *Taking up long term follow up studies.*
- *Starting of Specialize Ward,*
 - I) Mother & Child*
 - II) Private ward*
 - III) Geriatric Ward*
 - IV) Child and Adolescent ward*
- *V) Upgrading Emergency services and starting Psychiatric Intensive Care Unit (PICU*

Mid Term :-

- *Expansion of Library facility & OPD facility.*
- *Sports and Gym facilities*

Long Term :-

- *Giving exposure to new Treatment modalities like neuromodulation and other.*